

**ISSJS.2018 – JAIN YOGA
Tentative Schedule**

1st – 21st July, 2018

Date & Day	Time	Lecture Title	Lecturer	Remarks
July 1 st Sunday	09:00 11:30	Registration, lecture living in India	Shugan Jain	
	12:00 01:30	Introduction to Jainism	Shugan Jain	
July 2 nd Monday	08:30 10:00	Jain Values	Shugan Jain	
	10:30 12:30	<i>Reading:</i> Nonviolence to Animals, Earth, and Self in Asian Traditions		(First Half)
July 3 rd Tuesday	08:30 10:00	Path of Purification, Ahimsa-Anekanta-Aparigraha/Samayika	Shugan Jain / Chapple	
		<i>Reading:</i> Nonviolence to Animals, Earth, and Self in Asian Traditions (Finish)		
		Five Vratas/Acaranga Sutra	Chapple	
July 4 th Wednesday	09:00 12:00	<i>Reading:</i> Jacobi part one		
July 5 th Thursday	09:00 12:00	Acaranga Sutra Continued	Chapple	
		<i>Reading:</i> Jacobi part two		
July 6 th Friday	08:00 09:30	Jain Cosmology Tattvartha Sutra	Chapple	
	10:00 11:30	<i>Reading:</i> That Which Is (First Half)		
July 7 th Saturday	06:00	Leave for Trilok Teerth (Badagaon) from Delhi (3 hrs. bus journey) Afternoon leave for Hastinapur from Badagaon (4hrs. bus journey) Overnight stay at Hastinapur		
8 th July Sunday	11:00	Tour Hastinapur Temples in early morning; leave plenty of time for Astapada Afternoon leave for Delhi from Hastinapur (5 hrs. bus journey)		
9 th July Monday	09:00 12:00	<i>Reading:</i> That Which Is (Finish)		
		Jaina Yoga in Comparative Perspective		
		<i>Reading:</i> Reconciling Yogas, part one		
10 th July Tuesday		Visit Mahatma Gandhi Museum, Ahimsa Sthal / Adhyatma Sadhana / Kund Kund Bharti / Dadabari		
11 th July Wednesday	09:00 12:00	Yogadrstisamuccaya		
		<i>Reading:</i> Reconciling Yogas, part two. And Jain Yogas of Haribhadra's Yogabindu in Routledge edited volume		
12 th July Thursday	08:00 12.00	Old Delhi Sthanakvasi Center. Gurdwara. Lal Mandir Digambara Temple. Bird Hospital.		Kamla Jain for Sthanakvasi center only
	14:00 17:30	Seminar: Ahimsa in Different Religions		With TFP and 6W
13 th July Friday		Early morning train for Haridwar from Delhi (4.5 hrs. train Journey)		

14 th July Saturday	09:00 12:00	Early morning fire ceremony; morning lectures; afternoon visit to Swami Rama Gram and Parmartha Niketan for evening Puja	With UTTI Group
		Reading: Yogashastra part one	
15 th July Sunday	09:00 12:00	Early morning fire ceremony; morning lectures	
		Night Train to Jaipur from Haridwar (12 Hrs. train journey)	
16 th July Monday		Arrive in Jaipur	
		Yoga of the Yogashastra	
		Reading: Yogashastra Part Two	
17 th July Tuesday	09:00 10:30	Overview of Jain Philosophy	Kusum Jain
		Visit sites in Jaipur such as Amber Palace, Jagat Shiromani Temple Lakshmi , Birla Temple, Old Jaipur; Old Jain Temple; Krishna Temple	
		Read Sogani, Cort, Yoga in Jainism.	
18 th July Wednesday	08:00	Jnanarnava (Discussion only)	K.C. Sogani
	11:00 13:00	Read: Read final Chapple chapters, Yoga in Jainism.	
		Depart for Ladnun from Jaipur (4.5 hrs. bus journey)	
19 th July Thursday		Heritage Walk to ancient temples in Ladnun Tour of Jain Vishva Bharati research and library facilities	
		Instruction in Preskha Dhyana	
		Read Smita Kothari in Yoga in Jainism	
20 th July Friday	09:00 12:00	Preksha Dhyana at Jain Vishva Bharati	
		Read Andrea Jain on Preksha Dhyana, Yoga in Jainism	
		Night train for Delhi from Ladnun (6.5 hrs. train journey)	
21 st July Saturday		Reach Delhi for return flight for home or additional journey	