

ISSJS.2019-TEACHING FOR PEACE

DAILY SCHEDULE

9th – 30th July, 2019

| Day & Date | Time | Details of the Lecture | Lectures |
|---|-------------------------------------|---|---------------------------|
| July 9 th Tuesday | 09:00 10:00 | Registration, introduction to Program | With Prakrit group |
| | 11:00 13:00 | Introduction to Jainism | With Prakrit & Yoga group |
| | | Free for shopping | |
| Module 1: Fundamentals & basic philosophy of Ahimsa | | | |
| July 10 th Wednesday | 10:00 11:30 | Life of Gandhi as a child | Shugan Jain |
| | 12:00 14:00 | Movie: Jagriti | |
| | 15:30 17:00 | School challenges (in Jagriti US and now) | Shugan Jain |
| Group Discussion | | | |
| July 11 th Thursday | 09:00 10:30 | Ahimsa – Definition, Causes and importance - I | Shugan Jain |
| | 11:00 13:00 | Movie: Do Aakhen Barah Haath, Discuss principles | |
| Group Discussion | | | |
| July 12 th Friday | 07:00 | School visit Jain Bharati Mrigavati Vidyalaya | |
| | 14:00 17:00 | Seminar: Ahimsa in different religions | With Yoga, Prakrit and 6W |
| July 13 th Saturday | 06:45 07:45 | Yoga | Aashi, Ben Zenk |
| | 09:00 10:30 | Ahimsa – Definition, Causes and importance - II | Shugan Jain |
| | 11:00 12:30 | Who is a teacher? | Shugan Jain |
| Group Discussion | | | |
| July 14 th Sunday | FREE DAY (Delhi Sightseeing) | | |
| July 15 th Monday | 07:00 08:00 | Non-violent Communication | Skype: Hema Pokharna |
| | 11:00 12:30 | AA for social responsibility | Skype: Atul Shah |
| | 14:00 15:30 | NV-Action Dandi March | Y. P. Anand |
| Module 2: Applications & practice of Ahimsa for peace & harmony, observations of schools | | | |
| July 16 th Tuesday | 09:00 10:30 | Samayika, Meditation, Pratikraman Tools for avoiding violence | Shugan Jain |
| | 11:00 12:30 | Practices to reduce violence (Anger, Arrogance) | Shugan Jain |
| Group Discussion | | | |

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| July 17 th Wednesday | 08:30 14:00 | School visit Hira Lal Jain School | |
| | | Mahatma Gandhi Museum at Tees January Marg | |
| July 18 th Thursday | 09:00 10:30 | Meditation for reduction of aggression: (Case study of a primary school) | Viney Jain |
| | 11:00 12:30 | Preksha Meditation | Shweta Sharma |
| July 19 th Friday | 08:30 10:00 | Nonviolent food, group discussions on Nutrition and behaviour | Shugan Jain |
| | | Group Discussion | |
| July 20 th Saturday | 06:00 | Leave for Jaipur from Delhi (6hrs. bus journey) | |
| July 21 st Sunday | | Weekly off | |
| July 22 nd Monday | 08:00 11:00 | Visit of Mahaveer Public School | |
| | 14:00 16:00 | Visit BMV, Lecture on compassion | D. R. Mehta |
| July 23 rd Tuesday | 07:00 | Early morning leave for Agra (Taj Mahal) 5 hrs bus Journey to Agra (Visit Taj Mahal) | |
| | 17:00 | Evening Train to Jalgaon (15 hrs Journey) | |
| Module 3: Ahimsa in value education in schools | | | |
| July 24 th Wednesday | 08:30 11:30 | Gandhi Museum | |
| | 12:00 13:00 | Lecture GRF faculty | |
| July 25 th Thursday | | Visit 2 Schools (Anubhuti 1 & Anubhuti 2) | |
| | | Lecture GRF faculty | |
| July 26 th Friday | | Ajanta Caves | |
| | 22:00 | Overnight Train for Pune from Jalgaon (9 hrs Journey) | |
| July 27 th Saturday | 07:00 11:00 | Visit Wagholi | Rehabilitant centre for education |
| | 12:00 14:00 | Briefing about BJS, Value education, Examples /best practices in Values education. lunch | S.G. Muttha Ashok Gopal |
| | 15:00 | Leave for Naval Verayatan (2 hours Journey) | |
| July 28 th Sunday | 09:00 10:30 | Conflict Resolution | Sonali Kothari |
| | 11:00 12:30 | Discipline and Conflict Resolution | Hemlata Honwad |
| | | Group discussion | |
| July 29 th Monday | 09:00 10:30 | Rational Thinking | Ratna Gosavi |
| | | Group Discussion | |
| July 30 th Tuesday | 08:30 | Discussions, Review & certificate distribution | |
| | 10:30 | Leave for Mumbai departure for home (5 hours Journey) | |